



**Fresh Food
Education
& Access**

Interested in an 8-month paid internship

Promoting Fresh, Local Food?

The Sierra Harvest student liaison will help coordinate and promote Harvest of the Month activities at their school. This student works closely with the Sierra Harvest procurement specialist, Sierra Harvest volunteers, fellow students, and food service staff to strengthen the connection between farm-fresh food and health and wellness.

Intern Responsibilities: Student liaison will complete at least 20 hours of fresh food education and outreach on their campus and 5 hours of training (25 total hours) including:

- a "Harvest of the Month" fresh food tasting on their campus the first Weds/Thurs of every month, September through May. Liaison will create a visually appealing display of educational material and the produce being tasted. Liaison will engage fellow students to try the produce and encourage them to share their opinion about the produce.
- 2 additional fresh food tastings at campus events to be coordinated with procurement specialist. attend one campus staff meeting to present the program to teachers, admin, and support staff.
- organizing student volunteers, flyering, social media, campus announcements

Learning Objectives: learn about the benefits of healthy food choices and how to communicate those benefits with others. Intern will gain experience in project management, public relations and event (tabling) logistics.

Internship Benefits: Stipend of \$275 at the successful completion of internship.

- Training includes farm field trip, food service tour, and Sierra Harvest Liaison meeting.
- 3 mentorship meetings with Sierra Harvest procurement specialist.
- Liaison will be a member of the Sierra Harvest team and welcome to participate in events throughout the community like Soup Nights, Potlucks, Sustainable Food and Farm Conference, and U-pick at the Food Love Farm.

Requirements: Internship is August 2018 through May 2019, at least 25 hours of service

- Comfortable talking to peers about fresh food
- Motivated and Organized
- Dependable and Timely, arrives at tastings and meetings on time and well prepared. Replies to emails and communication promptly.
- Works well independently and with others

Application Procedure: To apply, email schoolfood@sierraharvest.org answering the following questions:

- Why are you interested in becoming a Sierra Harvest liaison for fresh food?
- What are some of your experiences that have prepared you for this internship?
- What do you want to gain from this internship?
- What is your favorite fresh food? Why?
- Provide one letter of reference. Reference letter may be sent as an email to schoolfood@sierraharvest.org

Internship application due **Friday, August 24th** by midnight. Follow up interviews will be scheduled for the following Monday and Tuesday afternoon and intern will be chosen by **Wednesday, August 29th**. Training will begin the following week. Questions: Call Lauren at Sierra Harvest (530) 265-2343 or lauren@sierraharvest.org.